



9022 Culebra Rd., Suite 112
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Instructions for Allergy Testing

We would like to review these important instructions regarding any medications you may be taking. Some medications interfere with the results – others may counteract your medications, resulting in an adverse effect.

Please do not take these medications **7 days** prior to your allergy test:

Allegra (Fexofenadine) Allegra D	Tagamet	Famotidine
Benadryl (Diphenhydramine)	Zantac	Pepcid
Atarax	Tylenol PM	Omeprazole
Chlorpheniramine	Midol	Any antacid medication
Dramamine	Excedrin PM	
Novahistine	Phenergan	
Claritin (Loratadine) or Claritin D	Advil PM	
Zyrtec	Xyzal (Levocetirizine)	
Mucinex DM	NyQuil/ DayQuil	
No nasal sprays	Inhalers	Only exception (TUMS)

Avoid any over-the-counter preparations for cold, sinus or allergy including inhalers before testing:

Some examples:

- Azmacort
- Proventil
- Ventolin
- Flovent

If you take Beta Blockers please discuss this with us before your test or any allergy injections. If taking any of these medications you may need to hold your morning dose the day of your test.

Beta Blocker Medication List

Brand Name	Generic Name
Bystolic	Nebivolol
Coreg (Carvedilol)	Carvedilol
Nadolol	Nadolol
Inderal/Inderal LA (Propranolol)	Propranolol
Lopressor	Metoprolol
Lopressor HCT	Metoprolol/HCTZ
Normodyne	Labetalol
Tenormin	Atenolol
Toprol XL	Metoprolol
Ziac	Bisoprolol & Hydrochlorothiazide

The test will take 30-45 minutes. The test may be shortened and/or administered over multiple visits based on patient reactivity to the testing process.